

## **APPOINTMENTS**

Appointments are arranged directly with Dr. Upchurch. If she is unable to answer your telephone call a message may be left on her confidential voice mail and your call will be returned as soon as possible. Appointments can also be scheduled by email to: donnaupchurch@bellsouth.net If you are unable to keep an appointment kindly give 24 hours advance notice to avoid a cancellation fee.

A copy of your driver's license is required prior to your first appointment and may be sent by email to: donnaupchurch@bellsouth.net, or by texting a screen shot to 803-603-4700.

#### **CHARGES**

The fee for each individual, couple, or family counseling appointment is \$150/50 minute session. Payment is due at the beginning of each session.

The fee for a series of 10 Brief and In-Depth 90 minute sessions is \$1000. The entire series may be paid in advance or broken down into \$200 payments due at the beginning of each of the first 5 sessions.

<u>Cancellation fees</u>: A scheduled appointment is reserved exclusively for you. A fee of \$25 is charged for appointments cancelled less than 24 business hours prior to the appointment time, \$50 for appointments cancelled less than 8 business hours prior to the appointment time, and the full private fee of \$150 for appointments broken without notice.

Your signature on this sheet indicates your understanding and agreement to these charges and terms.

Signature:	Date:
Name (print):	



# CONFIDENTIALITY

The therapist/client relationship is a confidential one. However there is only limited confidentiality privilege under South Carolina law. Exceptions are as follows:

- South Carolina law requires all mental health professionals to report any suspected or known child or elder abuse or neglect.
- South Carolina law also requires all mental health professionals to report any threat of harm to self or others.
- While a therapist is not required to respond to a subpoena, under particular circumstances a judge may issue a Court Order mandating a therapist to testify and/or relinquish records in legal proceedings. This is a rare occurrence.

**Please initial** that you have read and understand these limits to confidentiality:

#### **EMERGENCIES**

In the event of an emergency, do not hesitate, report to an emergency room or call 911.

## **CONTACT**

Non-urgent contact that does not include confidential information can be left at any hour at Dr. Upchurch's email address: donnaupchurch@bellsouth.net. Urgent calls may be placed to her cell (803-603-4700). If you send a text, please identify yourself. Messages left on her email or cell phone are carefully handled but are not confidential and may be heard or seen by others. Her website is www.watereecounseling.com.

# **CONSULTATION/CO-THERAPY**

Occasionally Dr. Upchurch may arrange for consultation with another professional or recommend co-therapy with one of her colleagues. This possibility will be discussed if the need arises.